

Supporting

individual brothers and sisters

Sibs is a programme that has been designed for siblings who have brothers and sisters with special needs, ages 7 till 18 years old

Our next **FREE** two day event for siblings of children with special needs will be held at Brookfields School, Sage Road, Tilehurst, Reading RG31 6GG
Saturday 22nd November and Saturday 29th November 2014
10.00am to 2.00pm (lunch will be provided)

Why is the programme important?

To provide an opportunity for siblings to have fun and some social activity away from the home. It can be hard for brothers and sisters at home; despite everyone's best efforts they can sometimes feel left out or on their own.

the programme's aim is to address these feelings within safe, friendly and fun environment.

What is the purpose of the group?

The group will focus on:

Relieve isolation: Giving siblings the opportunity to socialise.

Acknowledge feelings: Through discussions and games siblings will be able to talk about their unique feelings and experiences with other siblings.

Model coping strategies: Siblings learn how to manage difficult situations and identify support networks.

Enhance Knowledge: Siblings learn more about their brother or sister's disabilities.



Brookfields
Specialist SEN School

Supporting Individual
Brothers & Sisters **SIBS**



For more information and to book a place please contact:

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